

Welcome to prayer week!

Prayer is the rocket fuel that helps us to see God's blessing and His will done on earth as it is in Heaven. Prayer is often easier with others, whether in prayer gatherings, or alone but with the knowledge that you are part of a whole team praying wherever they are. Our prayer guide is a help for people who feel they are novice prayers and want to grow, as well as more experienced prayers who are still pursuing 'more' in prayer.

Enjoy the week and let it shape the rest of your prayer life in 2023.

Love Dave

Senior Leader of Woodlands Church Family

7 Top tips to help you engage in WCF week of prayer and fasting

- Decide how you can **make extra space** for prayer this week. Find out what your congregation has planned and join in.
- When you pray, put your phone on airplane mode to **limit** distractions.
- Tuesday 17th 7.30 pm is our Woodlands Church Family prayer and worship night. Come along to Central to pray and worship as a united body to pray for our city and world.
- 4 Use the prayer guide to help you pray, keep it with you so you can use it throughout the week.
- 5 Redeem the natural spaces in your day, waiting for the kettle to boil, uber to come or at the bus stop. Pray rather than scroll on your phone.
- 6 Set your alarm for midday and pray the Lord's prayer wherever you find yourself.
- Tuesday 17th is our day to pray and fast. Visit the link for some helpful resources. www.woodlandschurch.net/fasting



We are using the themes of hands to help us pray throughout Prayer Week. This guide is to help you pray each day, write down what you want to pray about and see how God answers your prayers!

Sunday – Adoration

'I will praise you as long as I live, and in your name I will lift up my hands.' Ps. 34

At the start of Prayer Week, spend some time thanking God for the many blessings he has given to you.

Monday - Spiritual Battle

'As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning.' Ex. 17:11

We are in a battle and need to pray for spiritual breakthrough. What are the battles your aware of that need to be won through prayer?

Tuesday – Intercession

'Let us lift up our hearts and our hands to God in heaven...' Lam. 3:41

Read 1 Tim 2:1-7, pray for those in power, those in need and those you care about.

Wednesday – Mercy

'She opens her arms to the poor and extends her hands to the needy.' Prov. 31:20

Pray for those whose hands are serving the vulnerable and those in need.

Thursday – Building

'May the favour of the Lord our God rest on us; establish the work of our hands for us — yes, establish the work of our hands.' Ps. 90:17

What is God building now, in your life and in your church? Bless what God is building and establishing for his glory.

Friday - Confession

'Who may ascend the mountain of the Lord? Who may stand in his holy place? The one who has clean hands and a pure heart...' Ps. 24:3

Take some time to confess your sin to God. When you have finished read 1John 1:9

Saturday – Impartation

'They presented these men to the apostles, who prayed and laid their hands on them.' Acts 6:6

God wants to use us to minister His blessing to others. Who could you pray with this weekend to release his blessing over their lives?

Your Prayer Points